

## Contact Tracing Guideline

### The following contacts of a confirmed case has to be traced

1. Contacts in the airline within 1m radius of the case(persons sitting in the same row, 2rows in front, 2 rows in the back)
2. Contacts of who lived in the same room as the case
3. Contact who provided informal care to the case coming within speaking distance (<1m) without wearing any mask(PPE)
4. Health care worker who provided direct clinical or personal care who examined a symptomatic patient without wearing PPE
5. Contacts exposed o the contact at a distance of less than 1m for more than 1hr.

### Instructions to be given to Contacts of a confirmed case:

1. Provision of post exposure prophylaxis as per national guideline(refer to P09)
2. Watch for symptoms of fever, cough, sore throat, stuffy/runny nose, chills, headaches and body aches, fatigue.
3. Limit activities in the community to only what is essential
4. No requirement to place under quarantine.